

Conscience & Consequence

Ethical Practice in Mental Health Nursing



the Australian College
of Mental Health Nurses Inc.

Lilly

Answers That Matter.



NSW Branch Conference

Friday 28th November 2008

Central Coast
Leagues Convention
Centre, Gosford

Keynote

Professor
David Arthur

National University of Singapore

Program & Registration

I am the recipient, the giver,
The process, the mindful call,
I am the world you live in
And your stewardship of it.

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Enquiries

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The theme *Conscience and Consequence* focuses on ethical practice in mental health nursing and the care and wellbeing of people with mental illness. This peer reviewed conference examines ethical dilemmas, development of ethical services and rights of consumers and carers. Presenters were selected by a combination of invited speakers and accepted call for abstracts. We invite you to get away and join us on the beautiful Central Coast for an informative, thought provoking and enjoyable day at the finale to our 2008 continuing professional education and practice development program for mental health nurses in NSW.

Convenors

Jon Chesterson & Professor Louise O'Brien

Sponsors

Sponsorship Package & Exhibit Space available.
Discounts apply for multiple events. Give us a call on

040 825 1146

MHN Credit
6 CPE (6 hrs)

www.acmhn.org/nsw

ACMHN / NSW Branch, PO Box 176, Rozelle, NSW 2039

Conference Program

Professor David Arthur



David Arthur is the inaugural Professor and Head of the Alice Lee Centre for Nursing Studies, Yong Loo Lin School of Medicine at the National University of Singapore (NUS). He has held previous appointments as *Professor and Associate Head (Research)* at the School of Nursing, Hong Kong Polytechnic University and *Senior Lecturer and Head* of the Department of Community and Mental Health Nursing, University of Newcastle, Australia. He is the current Editor in Chief of the Asian Journal of Nursing, member of the Chinese University of Hong Kong, Joanna Briggs Institute for Evidenced Based Nursing Practice, and is on the editorial boards of 5 other international journals including the mental health publications IJMHN (Australia) and JPMHN (UK). David is a fellow of the Australian College of Mental Health Nurses and in 1997 initiated the establishment of the Hong Kong College of Mental Health Nurses. He currently convenes the East Asian Forum of Nursing Scholars (EAFONS) established in 1997. He is author of three books including an earlier work in 1992: Arthur D, Dowling J. & Sharkey R - *Mental Health Nursing: Strategies for Working with the Difficult Client*. HBJ, Sydney. He is currently involved in a variety of research projects covering mental disorders, drug and alcohol, gambling and heart disorders, including 3 Randomised Controlled Trials. Current research focus includes mental health screening and brief interventions as well as caring attributes and self concept of nurses.

8.00	Registration
9.00	Open & Welcome
9.15	Keynote Professor David Arthur <i>Alice Lee Centre for Nursing Studies, Yong Loo Lin School of Medicine, National University of Singapore</i> Conscience, self concept and ethical decision making in nursing practice
10.00	Keri de Carlo <i>Divisional Educator, Mental Health SESIAHS NSW</i> The ideals of therapeutic relationship: Ward milieu as hospital 'family' envisaged by Hildegard Peplau
10.30	Morning Tea
11.00	Dr Kim Foster <i>Associate Professor, Faculty of Nursing & Midwifery, University of Sydney NSW</i> And the moral(s) of the story is...? Illuminating family/carers experience through narrative analysis
11.30	Simon Llewellyn <i>RN, Mental Health & PECC Unit, SESIAHS NSW</i> Consent under the Act? Ethics vs Law
12.00	Greg Clark <i>Nurse Practitioner, Youth Mental Health SSWAHS NSW</i> Do no harm: Developing ethically sound services for consumers with first episode psychosis
12.30	Lunch
1.30	<i>Mind to Care</i>
1.45	Jon Chesterson <i>Promotion & Prevention (Mental Health), HNEAHS NSW</i> Does the state of a nation and our psyche reflect our practice? Counting the cost of conformity
2.15	Kay Macauley-Elsom <i>Lecturer Midwifery and Mental Health Nursing, School of Nursing and Midwifery, Monash University VIC</i> Pregnancy and psychosis: Ethical dilemmas in the acute inpatient setting
2.45	Paul Phillips <i>Occupational Therapist, SWAHS NSW</i> The consequence of listening to the self: Using the unified theory of self in ethical decisions
3.15	Afternoon Tea
3.45	Harukundwi (Harry) Mumera <i>RN MHN, SESIAHS NSW</i> An analysis of an ethical process to assist mental health nurses to navigate their way through when confronted with ethical dilemmas
4.15	Margaret Boyes <i>Clinical Development Nurse, Mental Health ACT</i> Ethical pragmatism or how many ethical rules can you breach with one client?
4.45	Plenary & Door Prizes
5.00	Close

Friday 28 November 08
Central Coast Leagues Convention Centre, Gosford

General Information

Venue & Parking

Central Coast Leagues Convention Centre is located in the centre of Gosford, opposite Georgiana Terrace and Broadwater. It is close to public transport, Gosford railway station, bus terminal, CBD and there is free open and underground parking at the venue.
www.cclc.com.au

How to get to Gosford – Things to Do

Visit the Gosford website www.visitcentralcoast.com.au/

Road

Gosford is less than one hour drive north of Sydney and is accessible from F3 Freeway. For driving directions visit www.whereis.com

Rail

Gosford is part of NSW City Rail network. There are frequent return services daily from Sydney and Newcastle. For timetables and fares visit www.cityrail.info or call 131 500. CountryLink trains connect Gosford to regional NSW centres and capital cities. For timetables, fares and online bookings visit www.countrylink.info or call 13 22 32.

Air

Sydney Airport is 1 hour 45 minutes from Gosford with flights to and from all capital cities in Australia. For flight timetables and shuttle services visit www.sydneyairport.com.au. Newcastle Airport is 1 hour 15 minutes away with direct flights to and from Melbourne, Brisbane, Sydney, Gold Coast, Canberra. For flight timetables and shuttle services visit www.newcastleairport.com.au. Shuttle services also listed under *How to get to Gosford*.

Coach/Bus

Gosford is serviced by coach companies throughout Australia. For further information visit the Greyhound website at www.greyhound.com.au.

Accommodation – Weekend getaway on the Central Coast

A variety of accommodation is available to suit all pockets. A few guests will be staying at the Crowne Plaza in Terrigal overlooking Terrigal Beach, hotel reservations 1800 007 697 or visit www.crowneplaza.com.au. Terrigal is a great location for evening dining or a weekend getaway with fabulous coastal beaches and waterways to rest and enjoy. For more accommodation options visit www.visitcentralcoast.com.au/dyncontent.cfm?MenuId=316.

The College

The Australian College of Mental Health Nurses is the professional body for practicing mental health nurses in Australia, established now for 34 years, with Branches in every State and Territory. The College publishes a leading peer reviewed bi-monthly international journal (IJMHN) through Blackwell Asia and quarterly newsletters. An international conference is hosted annually, this year in Melbourne during Mental Health Week. The 35th is to be hosted in Sydney NSW next year at the Sheraton on the Park, 29 September – 2 October 09, Call for Abstracts released in October 08. The College administers a variety of continuing professional education (CPE) and practice development (CPD) programs, credentialing of mental health nurses and awards including fellowship. For information on mental health nursing in Australia visit www.acmhn.org. The NSW Branch has 4 regional branches in the Hunter, Illawarra, Greater Western Sydney and Central Coast, and hosts 4 regional NSW conferences per annum and a variety of education forums at local level. For information on events in NSW visit www.acmhn.org/nsw.



