



The International Marcé Society

# 2008 Conference

Policy, Planning and Effective Delivery  
of Perinatal Mental Health Care



**Sydney, Australia**

**10-13 September, 2008**

*(Optional Pre-Conference Workshops: 10 September 2008)*

## **Program & Registration**

Secure on-line registration for delegates paying by Mastercard or Visa is available at:  
<https://www.secureregistrations.com/marce08>

I am delighted to be able to invite you to the next International Conference of the Marcé Society, to be held in Sydney, Australia, in September 2008.

The Society is dedicated to the understanding of mental health and illness in relation to childbearing, and our membership includes all professional disciplines with an interest in this field while also encouraging a strong consumer involvement. The Sydney meeting will offer quality scientific content and lively interaction in a splendid setting overlooking the famous Manly Beach.

In acknowledgement of the current international interest in the mental health of women and their families in the perinatal period (conception to one year postpartum), our main Conference clinical and research theme will be: Policy, Planning and Effective Delivery of Perinatal Mental Health Care. Internationally renowned guest speakers will also address trauma related to childbearing; Aboriginal and Torres Strait Islander Peoples' social and emotional wellbeing, gender issues in anxiety and depression; the context of maternal mental health; paternal perinatal mental health; current issues in midwifery; gestational health and importance for later life; management of depression, and many other topics.

I look forward to welcoming you to the 2008 Conference.

**Bryanne Barnett AM** (*President, International Marcé Society*)

*On behalf of the Conference Committee: Marie-Paule Austin, Jane Fisher, Belinda Horton, Stephen Matthey, Michael O'Hara and Katherine Wisner*

## The Marcé Society

The principal aim of the society is to promote, facilitate and communicate about research into all aspects of the mental health of women, their infants and partners around issues connected with childbirth. This involves a broad range of activities ranging from basic science through to health services.

The Society is multidisciplinary and encourages involvement from all disciplines including: psychiatrists, psychologists, paediatricians, obstetricians, midwives, early childhood nurses, physiotherapists, occupational therapists, community psychiatric nurses, community nurses and health visitors.

The society also encourages the involvement of consumer and carer (self-help) groups.

The society holds an international meeting every two years hosted by the President of the society. These are lively meetings with a high quality scientific content that brings together researchers, clinicians and consumers from around the world.

*For further information about the society and membership, please visit the International website: ([www.marcesociety.com](http://www.marcesociety.com))*

*or the Australasian website: ([www.marcesociety.com.au](http://www.marcesociety.com.au)).*

# Invited Speakers



## Gordon Parker

Professor Gordon Parker is currently Scientia Professor of Psychiatry, University of New South Wales and Executive Director of the Black Dog Institute, Sydney. He was, for nearly two decades, Head of the School of Psychiatry at UNSW and Director of the Division of Psychiatry at Prince of Wales and Prince Henry Hospitals. He has had a number of responsibilities for the College of Psychiatrists, including being Editor of the Journal and Chair of the Quality Assurance Committee. He has been an active researcher, and has held a number of positions with legal organisations, including the NSW Guardianship Board and the NSW Administrative Appeals Tribunal. In 2004 he received a Citation Laureate as the Australian Scientist most highly cited in the field of 'Psychiatry/Psychology'.



## Julia Seng

Julia Seng is a certified nurse-midwife and Research Associate Professor at the Institute for Research on Women and Gender at the University of Michigan in the Midwest of the United States. Her program of research integrates attention to psychosocial and biological aspects of how pre-existing posttraumatic stress affects women's experiences and clinical outcomes across the childbearing year, including postpartum mental health and Attachment. Current projects include development of a manualized psychoeducation intervention, the "Survivor Moms' Companion," for pregnant survivors of childhood maltreatment or sexual trauma.



## Nine Glangeaud-Freudenthal

Dr Nine Glangeaud-Freudenthal is a researcher (PhD in Biochemistry) and has a degree in Clinical Psychology. She is Senior Researcher at the French National Research Center (CNRS), working in an Epidemiological Research team. For several years she has been undertaking follow-up studies on women's mental health and risk factors for perinatal mood disorders. She was also involved in a Transcultural Study on Postnatal Depression (TCS-PND) directed by the late Professor Channi Kumar. Since 1999, she has been leading research on Mother-Baby psychiatric joint admissions. She was a founding member of the Société Marcé Francophone (SMF) and is its present President.



## Philip Boyce

Philip Boyce is Professor of Psychiatry at the University of Sydney. He trained in Medicine at Guy's Hospital in London and completed his psychiatric training in Australia. He worked in Adelaide, establishing a mood disorders unit, and then joined Professor Gordon Parker at the University of New South Wales, helping to establish a mood disorders research program. His doctorate concerned personality attributes associated with depression, particularly the issue of interpersonal sensitivity as a risk factor to the development of postnatal depression. His research has continued to focus on perinatal psychiatry, including pregnant women and new mothers with schizophrenia and bipolar disorders.

Philip Boyce was the inaugural chair of the Australasian Marcé Society and is a past President of the international society. He was President of the Royal Australian and New Zealand College of Psychiatrists from 2003-2005.



## Jane Ussher

Jane M. Ussher trained as a clinical and health psychologist, and is Professor and Chair of Women's Health Psychology, and Director of the Gender Culture and Health Research Unit, at the University of Western Sydney, Australia. She has published widely on the subject of the material-discursive construction and experience of health, in particular associated with women's mental health, the reproductive body and sexuality. She is editor of the Routledge *Women and Psychology* book series, and author of a number of books, including *The Psychology of the Female Body*, *Women's Madness: Misogyny or Mental Illness?*, *Fantasies of Femininity: Reframing the Boundaries of Sex*, and *Managing the Monstrous Feminine: Regulating the Reproductive Body*. She has also edited a number of books including: *Gender Issues in Clinical Psychology*, *The Psychology of Women's Health and Health Care*, *Psychological Perspectives on Sexual Problems*; *Bodytalk: The Material and Discursive Regulation of Sexuality, Madness and Reproduction*; and *Women's Health: Contemporary International Perspectives*.



## Atif Rahman

Atif Rahman is Professor of Child Psychiatry at the University of Liverpool, UK. His recent work focuses on the effects of maternal depression on child health in low-income countries. He has just completed one of the largest randomised trials of an intervention for perinatal depression in the developing world, showing that ordinary health workers can be trained to treat depression in the community. The next phase of this work is to explore if such interventions can be scaled up and made a part of public health programmes.

Originally from Pakistan, Professor Rahman continues to have academic and research links with a number of institutions in that country and many other developing countries.

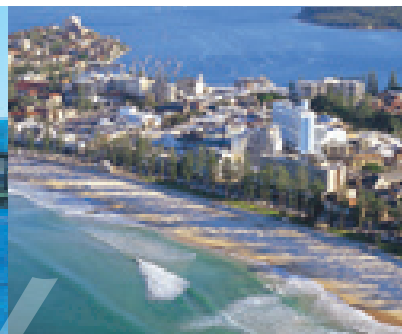
HOST CITY:

# Sydney, Australia

**There's no place in the world like Sydney!** The gateway city to Australia, life in Sydney revolves around its spectacular harbour, its golden beaches, parklands and national parks. Visitors soon fall in love with the attractions, experiences and atmosphere of this cosmopolitan, stylish city which has a well deserved reputation for being friendly, clean and vibrant. Attractions include world class art galleries, museums, parks, waterways that stretch into all parts of the city, wildlife parks, the majestic sails of the Sydney Opera House, the iconic Sydney Harbour Bridge, luxury cruises, aquariums, beaches, The Royal Botanic Gardens, theatre, entertainment, shopping, culture and sport. Visitors are drawn by the sunny climate, year round outdoor lifestyle, outstanding restaurants and wide range of entertainment choices, from opera to festivals and comedy clubs.

**If you've never been to Sydney (or Australia for that matter), don't miss this fantastic opportunity!**

For further information on Sydney, see: [www.sydneyaustralia.com](http://www.sydneyaustralia.com) [www.sydney.com.au](http://www.sydney.com.au)



## Conference Venue

### **The Manly Pacific Hotel** ([www.manlypacificsydney.com.au](http://www.manlypacificsydney.com.au))

Relax and indulge in the tranquility of this 4-star ocean front hotel with wonderful views of the rolling Pacific Ocean on one side, and the world famous Sydney Harbour on the other. Positioned in a superb location right on the beach, you are close to everything under the sun and situated only 15 exhilarating minutes from Circular Quay and Sydney's central business district with extensive dining and entertainment venues in the nearby Manly Corso. The hotel features a restaurant, cocktail bar, rooftop swimming pool, gymnasium, sauna and spa.

## Social Program

The optional **Conference Dinner** on Thursday 11 September will be held at the **Taronga Centre**. Located in the grounds of Sydney's famous Taronga Zoo, the Centre's magnificent views of Sydney Harbour combine with the magical surrounds of brilliant botanic settings. The cost of the dinner is \$125 per person (including dinner, drinks, bus transport and some wonderful entertainment).

A **Reception and Poster Display** on Friday 12 September will be held at the **Manly Pacific Hotel**; the price is included in the full conference registration fee.

## Breakfast Meeting

The Gidget Foundation invites you to join us for an entertaining and informative breakfast at 7.15am on Friday 12 September hosted by Lisa Hensley. Lisa will discuss The Paradoxes of Pregnancy and Parenting with other well-known mothers.

The Gidget Foundation was established by 2 sisters in 2001 after the tragic death of their elder sister who was suffering from Post Natal Depression. The Foundation aims to raise awareness of this illness within the general community and with health professionals while providing financial assistance to professional postnatal depression support services. Postnatal depression is a community issue, and we hope that through increased awareness, women and families in need will receive timely, appropriate and supportive care.

***There is no charge for the breakfast but places are limited; they can be booked on the Registration Form and will be allocated on a first come - first served basis.***

## Who Should Attend?

- Child care workers
- Early childhood nurses
- General Practitioners
- Midwives
- Nurses
- Obstetricians
- Paediatricians
- Physiotherapists
- Policy developers
- Psychiatrists
- Psychologists
- Social workers



# Provisional Program

Wednesday, 10 September 2008

## 9:30am - 5:30pm : Workshop 1

### Interpersonal Psychotherapy for Perinatal Depression

Scott Stuart, Michael W. O'Hara and Rebecca Reay

This course is designed to instruct participants in the theory and practice of Interpersonal Psychotherapy (IPT), an empirically validated form of time-limited psychotherapy. The course will consist of presentations regarding interpersonal theory and a review of the research data supporting IPT, followed by a multimedia presentation describing the use of IPT with perinatal women. The format will include review of videotapes of IPT experts and group discussion. Specific problem areas and adaptations of IPT for perinatal women will be described. The class is designed for all professionals who work with perinatal women and their families who wish further training in the delivery of empirically supported treatments for depression.

## 2:00pm - 5:30pm : Workshop 2

### Introduction to "Survivor Moms' Companion": A PTSD-Specific Prenatal Psychoeducation Intervention

Julia Seng

It is now a standard of care to address both violence occurring around the time of pregnant and perinatal depression. There has been less attention to assessing the related problem of posttraumatic sequelae of lifetime trauma exposures, including childhood maltreatment and sexual assault, manifesting across the childbearing year. Emerging data suggest that prenatal posttraumatic stress disorder (PTSD) may adversely affect outcomes. Frontline, evidence-based interventions specific to PTSD may be needed.

This workshop will preview the "Survivor Moms' Companion," a manualized perinatal education program for "survivor moms" currently starting clinical trial testing. Workshop participants will learn how priority perinatal and psychiatric needs might be met in tandem, including blending evidence-based PTSD treatment with a focus on pregnancy self-care, the maternity care relationship, and the relationship with the coming infant. We will consider ways to adapt perinatal PTSD psychoeducation to a range of prenatal care structures and populations and to keep it accessible and cost-effective.

Thursday, 11 September 2008

## 9:00am - 1:00pm OPENING PLENARY

9:00am Welcome to Country

9:10am Opening

*The Hon Caroline Hogg*

9:30am Gender Differences in Depression and Anxiety: Is Anatomy Destiny?

*Gordon Parker*

10:30am - 11:00am Morning tea

11:00am Pre-existing PTSD and the Childbearing Outcomes of "Survivor Moms": Confirming the Need for Integrated Maternity Care Services

*Julia Seng*

12:00pm Maternal Diet, Lifestyle and Stress and the Contributions to Epigenetic Disruption in the Newborn: A Prospective Perinatal Twin Cohort Study

*Jeffrey M Craig, Ruth Morley and Richard Saffery*

1:00pm - 2:00pm Lunch

## 2:00pm - 3:30pm Parallel Sessions 1A, 1B, 1C and 1D

### Session 1A: Symposium

Recent Developments in Perinatal Mental Health Policy and Practice in the Western World

*Marie-Paule Austin*

### Session 1B: Education & Training Issues

2:00pm Development and Delivery of a National Multiprofessional Education Course for Perinatal Mental Health

*A Poat and E Forrest*

2:30pm Train-the-Trainer: A Community Partnership Model for Disseminating Maternal Depression Screening

*Lisa S. Segre, Michael W. O'Hara and Jane Engeldinger*

3:00pm Listening To Voices: Supporting Emotional Care in Midwifery Practice

*Neil Underwood and Phillipa Rasmussen*

### Session 1C: Grief and Loss

2:00pm Stillbirth: A Review of the Grief and Loss Issues Associated with a Perinatal Loss

*Leone Joyce*

2:20pm On Being a Good Mother: Reasons Women Give for Contemplating or Undergoing Abortion

*Maggie Kirkman, Shelley Mallett, Heather Rowe, Annarella Hardiman, and Doreen Rosenthal*

2:40pm Evidence for Planning Improved Services for Australian Women Contemplating Abortion after Unplanned or Unwanted Pregnancy

*Heather Rowe, Maggie Kirkman, Annarella Hardiman, Shelley Mallett, and Doreen Rosenthal*

3:00pm The Ripple Effect of Perinatal Loss on Families: Research Findings

*Jane Warland, Joann O'Leary, Helen McCutcheon and Victoria Williamson*

3:20pm Discussion

### Session 1D: Treatment

2:00pm Three in One: Effective Delivery of a Group Intervention of High Risk Mothers and Babies

*Alison Cornish, Karen Asgill and EIP Team*

2:30pm Effective Delivery - From the Receiving End

*Elaine Hanzak*

3:00pm Interpersonal Psychotherapy for Depression During Pregnancy

*Scott Stuart, Michael W O'Hara and Jane Engeldinger*

3:30pm - 4:00pm Afternoon tea

## 4:00pm - 5:00pm Parallel Sessions 2A, 2B, 2C and 2D

### Session 2A: Workshop

Enhancing Early Communication: The "Getting to Know You" and "Hello Dad"

Films, Expanded Teaching Versions  
*Bijou Blick, Beulah Warren, Sarah Mares, and Louise Newman*

### Session 2B: Medication

4:00pm Prescribing in Pregnancy: Helping Mothers without Harming Babies

*T Everett Julyan, Jonathan Cavanagh and Roch Cantwell*

4:30pm Major Depression and Antidepressant Treatment: Impact on Pregnancy and Neonatal Outcomes

*Katherine L Wisner, Dorothy KY Sit, Barbara H Hanusa, Eydie L Moses-Kolko, Debra L Bogen, Diane F Hunker, James M Perel, Sonya Jones-Ivy, Lisa M Bodnar, Lynn T Singer*

### Session 2C: EPDS

4:00pm Validation of the Edinburgh Postnatal Depression Scale Among Chinese Men in Hong Kong

*Beatrice P. Y. Lai, Dominic T. S. Lee, Alan K. L. Tang, Tony K. H. Chung*

4:20pm Validation of Edinburgh Postnatal Depression Scale for Adolescent Mothers

*M Cynthia Logsdon, Wayne Usui and Michael Nering*

4:40pm Confirmation of Subscales Within the Edinburgh Postnatal Depression Scale (EPDS)

*Jane Phillips, Margaret Charles, Louise Sharpe and Stephen Matthey*

### Session 2D: "Food for Thought"

4:00pm Ethical Problems in Perinatal Psychopathology

*Abram Coen*

4:30pm Motherhood: Is It Good for Women's Mental Health?

*Sara Holton, Jane Fisher and Heather Rowe*

## 7.00pm CONFERENCE DINNER

Taronga Centre

Distinguished Guest Speaker:  
*Dr D Putin*

(bus leaves Manly Pacific at 6.15pm SHARP)

## Friday, 12 September 2008

7:15am - 8:45am Gidget Foundation  
Breakfast with  
Lisa Hensley  
"The Paradoxes of  
Pregnancy and Parenting"

### 9:00am - 11:00am PLENARY SESSION

9:00am Up-scaling a Perinatal Mental  
Health Intervention in a  
Low-Income Country:  
Challenges and Opportunities  
Atif Rahman

10:00am Rejecting Raging Hormones:  
The Socio-Cultural Construction  
and Experience of Reproductive  
Distress  
Jane Ussher

11:00am - 11:30am Morning tea

### 11:30am - 1:00pm

#### Parallel Sessions 3A, 3B, 3C and 3D

##### Session 3A: Symposium

Perinatal Mental Health in Resource-  
Constrained Settings: Evidence, Public Policy  
and Service Development  
Jane Fisher and Bryanne Barnett

##### Session 3B: Symposium

Fathers Are Important to Maternal and  
Child Adjustment  
Michael O'Hara

##### Session 3C: Aboriginal Issues

11:30am Using Research to Shape a  
Perinatal Service Model for a  
Western Australian Indigenous  
Community  
J Brooks, L Verrier, M Mitchell

11:50am "Can't We Just Yarn?" Exploring  
the Voices of Perinatal Australian  
Aboriginal and Torres Strait  
Islander Women Using the  
Indigenous 'Dadirri' Method  
Geia, L.K, Hayes, B.A; Usher, K,J;  
Elston, J.

12:10pm Ownership and Respect - Key  
Components of Effective Delivery of  
Perinatal Mental Health Care to  
Australian Aboriginal and Torres  
Strait Islander Women  
Hayes, B.A, Geia, L.K, and Egan, M.E

12:30pm Boodjarri Business: Perinatal  
Mental Health Training for  
Aboriginal Health Workers  
Renae Kinsman

12:50pm Discussion

##### Session 3D: Trauma

11:30am Prevalence and Correlates of  
Intimate Partner Violence in Couples  
Expecting Their First Child  
Creedy, D, Halford, K, and Petch, J

12:00pm Childhood Sexual Abuse:  
Implications for Pregnancy,  
Birthing and Mothering  
Gerri Lasiuk

12:30pm "A brush with death". Women's  
Experience of Significant Primary  
Postpartum Haemorrhage (PPH)  
Thompson JF, Ellwood DA, and WHA  
PPH Study Project Reference Group

1:00pm - 2:00pm Lunch and AGM  
(Australasian  
Marcé Society)

### 2:00pm - 3:30pm

#### Parallel Sessions 4A, 4B, 4C and 4D

##### Session 4A: Symposium

Experimental Laboratory Stress and Relaxation  
in Pregnancy  
Judith Alder and Johannes Bitzer

##### Session 4B: Symposium

Maternal Depression in the Early Childhood  
Years and Child Outcomes: Parenting, Child  
Development, Behaviour and Attachment  
Catherine McMahon

##### Session 4C: Service Provision - Part 1

2:00pm Meeting the Perinatal Mental Health  
Care Needs of Women Who Have  
Conceived Twins or Singletons with  
the Assistance of Reproductive  
Technology  
Janette Brooks

2:30pm The Transformation of a Provider-led  
Mentoring Program to a  
Consumer-driven Model –  
Achievements and Challenges  
Natalie Coughlan, Simone Aridas,  
Mandy Davidson, and Nina Vallins

3:00pm The Outcomes of PANDA's  
Integrated Peer to Peer and  
Professional Perinatal  
Depression Helpline  
Belinda Horton

##### Session 4D: Paternal and Partner Issues

2:00pm Prevalence and Risk Factors of  
Postnatal Depression among  
Chinese Men in Hong Kong  
Beatrice P. Y. Lai, Dominic T. S. Lee,  
Alan K. L. Tang, Tony K. H. Chung

2:20pm The Partner's Perspective on  
Postpartum Depression: Increasing  
Awareness and Support  
Michael Lurie

2:40pm Positively-Anchored Fathers  
Timothy O'Leary

3:00pm Fathers' Involvement in Swedish  
Child Health Care: Nurses' Attitudes  
and Practice  
Pamela Massoudi, Birgitta Wickberg  
and Philip Hwang

3:20pm Discussion

3:30pm - 4:00pm Afternoon tea

### 4:00pm - 5:30pm

#### Parallel Sessions 5A, 5B, 5C and 5D

##### Session 5A: Symposium

Stress and Infant Outcomes  
Jeannette Milgrom and Marie-Paule Austin

##### Session 5B: Workshop

How Policy Settings, Health Planning and  
Professional Development Support Home  
Visiting Intervention with Video Guidance for  
Mothers with Postnatal Depression  
N. Kowalenko, J. Corkin, K. Saint, C. Fowler, and  
C. McMahon

##### Session 5C: Service Provision Part 2

4:00pm Developing a Sustainable Perinatal  
Social Support Network  
Jane Honikman

4:20pm Postnatal Depression - The Social  
Construct Viewed Through the  
Lived Experience  
Catherine Knox

4:40pm The Complexities of Delivering  
Family Care Centre Services  
Karen Myers and Debbie Nemeth

5:00pm Two Year Outcomes for Mothers  
Detected as 'Probably Depressed' by  
an Early Detection Program  
Reay, R, Matthey, S, Ellwood D

5:20pm Discussion

##### Session 5D: Cross-cultural Issues

4:00pm Postnatal Depression in Mexico –  
Perceptions, Prevalence and Link  
with Infant Failure to Thrive  
Saffron Homayoun and  
Gillian Wainscott

4:20pm Emotional Well-being of  
Childbearing Women: A Comparison  
of Nationals and Foreign Brides  
in Taiwan  
Ying Tsao, Debra Creedy and  
Jenny Gamble

4:40pm Failelegau or the Acceptable Face of  
Post Partum Distress  
Sara Weeks and Sulita Smith

5:00pm Desired Assistance versus  
Care Received for Postpartum  
Depression: Access to Care  
Differences by Race in Buffalo,  
New York  
Kimberley Zittel-Palamara, Julie R.  
Rockmaker, Kara M. Schwabel,  
Wendy L. Weinstein, and  
Sanna J. Thompson

5:20pm Discussion

### 5:30pm - 6:30pm RECEPTION & POSTERS

Includes facilitated discussion on  
selected posters

Posters accepted to date:

**Planning the Effective Delivery of  
Ante-Natal Maternal Health Care in an Inner  
City Environment – Results From the First Five  
Years Implementation**  
Marjorie Allen, Di Baines, and  
Gillian Wainscott

**A Pilot Self Management Program For  
Mothers With Postnatal Depression Admitted  
to a Mother And Baby Unit**  
Jodie Armstrong, Anne Passmore, Philippa  
Brown, and Maree Brice-Pozzi

**Effective Delivery of Maternal Mental Health  
Care in an Inpatient Setting**  
Di Baines, Mary McGuinness, Debbie Mills,  
Gillian Wainscott, and Judith Williams

**A Case for a Tertiary Care Specialist  
Perinatal Mental Health Service**  
Lorrie Bennett

**Obsessional Symptoms in Postnatal Women:  
Adaptive or Pathological?**  
Vivienne Blackhall and Roch Cantwell

**Collaborative Partnerships in Early Parenting**  
Philippa Brown and Maureen Rushe

**Anxiety in Women with Medical Disorders  
of Pregnancy**  
Jennifer Chambers, Kieran O'Donnell,  
Samantha Jayaweera, Catherine Williamson,  
and Vivette Glover

**Baby, Baby. A Study of Depression after  
Childbirth: Recovery, Resilience and Relapse  
Second Time Round**  
Sue Cowie

**Incidence of Patients at Risk for Postpartum  
Depression (PPD) Using Early Screening**  
Deirdre Doyle, Jenefar Slusher and  
Cheryl Lefaiver

**A Perinatal Anxiety Training Module for  
Health Professionals**  
J Foley, S Somerville, E Oxnam, J Jones

**Taking Postnatal Depression (PND) into the  
21st Century: Investigating the Relationship  
Between PND and Gender Identity**  
Jane Hasler

**Getting it Right from the Start for  
Mothers and Babies**  
Di Hurt, Kerrie Jennings, Jenny Johnson,  
and Sally Goringe

**Midwives' Knowledge of Antenatal and  
Postnatal Depression: A National Survey**  
Cindy Jones, Debra Creedy and Jenny Gamble

**Perinatal Practical Support Service:  
Trialing In-Home Support for Western  
Australian Families**

R Kinsman, J Brooks, J Robins, L Crumlin

**Policy Implementation, Health Planning and Effective Service Delivery: An Example of Bringing it all Together**

N. Kowalenko, E. Murphy, M. Paton, J. Retalic, D. Howe, and S. Short

**The Specialist Perinatal Psychiatric Unit: How Does it Work?**

Kerry Lockhart

**Infant Mental Health Training: What Is It and Why It Is Necessary**

Sarah Mares and Beulah Warren

**Identifying Yourself on a Self-Report Mood Measure: Does This Effect the Openness of Responding?**

Stephen Matthey, Tracey White and Sarah Rice

**Characteristics of the Intrusive Thoughts Experienced by Pregnant Women and New Mothers?**

Mary McGuinness, Chris Jones and Jackie Blissett

**Is Pregnancy a Risk Factor for Obsessive Compulsive Disorder?**

Mary McGuinness, Chris Jones and Jackie Blissett

**Maternal Depression in Pregnancy Predicts Parenting Stress in the Postpartum Period**

Shailla Misri, Tim Oberlander and Hongbin Zhang

**Human Imprinting**

Elsie Mobbs

**Parental Representations During Late Pregnancy and Early Parenthood Following Assisted Reproductive Technology**

Fiorella Monti, Francesca Agostini, Leonardo De Pascalis, and Isabella Cantagalli

**Postnatal Depression and Mother-Infant Interactions at 12 Weeks Postpartum in an Italian Low-risk Sample**

Fiorella Monti, Francesca Agostini, Isabella Cantagalli, and Leonardo De Pascalis

**Postpartum Depression Screening in the Neonatal Intensive Care Unit**

Kyle O Mounts, Mary M Kerrigan, and Anne M Weinfurter

**Perinatal Care and Planning for Psychiatrically Ill Women – A Model of Care for Western Victoria**

Fyowna Norton and Klara Szego

**How Couples Cope with Crying Infants**

Timothy O'Leary

**Creative Linking: A Model for a Multidisciplinary Teaching Staff in Perinatal Psychiatry**

Oguz Omay

**Subtypes of Postnatal Depression Based on Manifest Symptom Profiles**

Jane Phillips, Margaret Charles, Louise Sharpe, Stephen Matthey

**The Perceived Value of Mutual Support of Sufferers and Survivors to Recovery from Post Natal Illness**

Veritee Reed-Hall, Wendy Garner and Voluntary Staff Team at PNI ORG UK

**Results of a Randomised Controlled Trial and a Case Control Trial to Assess the Role of Omega-3 Fatty Acids in Depression during the Perinatal Period**

A-M Rees, M-P Austin, GB Parker, and C.Owen

**Do Dormitory Suburbs Make Good Nurseries? The Experience of a Day Stay Program for New Families in Victoria**

Aileen Thoms, Ruth Keatley, Larry Osborne, and Colleen Coleman

**Inpatient Admissions to the Birmingham Mother & Baby Unit Over a 10-Year Period**

Gillian Wainscott and Jennifer Whitmore

**Macro-Level Interventions for Postpartum Mood Disorders: An Education-based Approach**

Kimberley Zittel-Palamara and Wendy L. Weinstein

**Saturday, 13 September 2008**

**9:00am - 11:00am PLENARY SESSION**

**9:00am Marcé Medallist  
Clinical Issues in the Management of Mothers with Schizophrenia**

Philip Boyce

**10:00am The Channi Kumar Lecture  
Channi Kumar's Legacy for Perinatal Psychiatry and Mother-baby Joint Care**

Nine Glangeaud

11:00am - 11:30am Morning tea

**11:30am - 1:00pm  
Parallel Sessions 6A, 6B, 6C and 6D**

**Session 6A: Symposium**

**Clinical Issues in Perinatal Mental Health Care**

Katherine Wisner

**Session 6B: Symposium**

**Infants of Parents with Mental Illness: Biopsychosociocultural Approaches to the Family**

Anne Sved Williams, Bryanne Barnett, Sarah Mares, Louise Newman, Susan Priest, and Mandy Seyfang

**Session 6C: Team Process**

**11:30am Prevention of Major Mood Disorders Through Perinatal Networking**

Oguz Omay

**11:50am The Postnatal Depression Initiative - The First Six Months**

Ben Samuel and Michele Dykman

**12:10pm Understanding Professional Collaboration: A Key to Successful Integrated Perinatal Care**

Virginia Schmied, Pat Brodie, Terri Bell, Jeremy Bunker, Stephen McNally and Annemarie Hennessy

**12:30pm Utilizing the Team Process to Enhance Clinical Work**

Cindy Smith

**12:50pm Discussion**

**Session 6D: Schizophrenia**

**11:30am 'About Helen' – Psychosis and Pregnancy**

Gilbert, H., Kulkarni, J., and Gurvich, C.

**11:50am Parenting Capacity: Assessment Through Observation (PCAO)**

K. Knights; A.W. Harris and P.M. Boyce

**12:10pm The National Register of Antipsychotic Medication in Pregnancy (NRAMP)**

Kulkarni, J; Gilbert H; Marston, N; Gurvich C; McCauley, K. and De Castella, A.

**12:30pm How Mothers with Schizophrenia Respond to their Infants: A Fine-Grained Analysis and Preliminary Functioning Imaging Work**

Ming Wai Wan, Katherine Warren, Margaret P Salmon and Kathryn M Abel

**12:50pm Discussion**

1:00pm - 2:00pm Lunch and AGM (International Marcé Society)

**2:00pm - 3:30pm  
Parallel Sessions 7A, 7B, 7C and 7D**

**Session 7A: Symposium**

**Anxiety and Depression in Women and Men During Pregnancy and the First Postpartum Months**

Barbara Figueiredo

**Session 7B: Symposium**

**Watching, Waiting and Wondering**

Margie Stuchbery, Denise Guy and Michael Zilibowitz

**Session 7C: In-patient Issues**

**2:00pm Health Outcomes for Women Following Discharge from a Specialist Inpatient Parent-Infant Unit**

J Bilszta, N Shafira, N Salam, AE Buist and R Nair

**2:30pm Independent Factors Related to Recovery in Maternal Postpartum Psychiatric Disorders**

Nine Glangeaud

**3:00pm Continuity of Care Utilising Coping Skills Training for Women with Postpartum Mental Illnesses**

Mary Samuhel, Ken Jones and Bruce Tonge

**Session 7D: Biochemistry/Physiology in Depression**

**2:00pm A Genome Wide Association Study of Vulnerability to Puerperal Triggering in Bipolar Women**

Ian Jones

**2:30pm Perinatal Depression and the HPA Axis**

Martin Kammerer, Alyx Taylor and Vivette Glover

**3:00pm Plasma Melatonin Circadian Rhythms in Pregnancy and Postpartum Depression**

Barbara L Parry, Charles J Meliska, Diane L Sorenson, Ana M Lopez, Luis F Martinez, Sara Nowakowski, Jeffrey A Elliott, Richard L Hauger, and Daniel F Kripke

3:30pm - 4:00pm Afternoon tea

**4:00pm - 5:00pm HYPOTHETICAL:  
"Well, how depressed do I have to be to be given medication?"**

# General Information

## POSTERS - LATE SUBMISSIONS

The Conference Committee will accept additional proposals for poster presentations. Abstracts (300 words maximum), along with a biographical paragraph (100 words maximum) must be submitted by email to: [info@conorg.com.au](mailto:info@conorg.com.au) by Friday 8 August 2008.

## CONFERENCE FEES

**Conference fees are shown on the Registration Form.**

- Full Conference Registration includes the conference bag, book of abstracts, catering throughout the conference, and the Friday Reception.
- One and Two-Day Registration includes the conference bag, book of abstracts, and catering on the chosen day(s); the Friday Reception is NOT included.
- The student/consumer rate is only available to those who submit evidence of their full-time, non-salaried student status or consumer status with their registration form. Inclusions are as above.
- Split Registrations will be allowed but there will be one conference bag and book of abstracts per registration

To obtain the Early Bird rate payment must be received by 8 August, 2008.

**Receipts will be emailed on receipt of payment.**

## WORKSHOP FEES

**Workshop fees are shown on the Registration Form.**

Workshop fees include morning and/or afternoon tea but not lunch. Please note that the optional workshops have limited numbers; places will be allocated on a first come - first served basis.

## CANCELLATIONS

Cancellations must be advised in writing by 8 August 2008; there is a \$110 cancellation fee per registration. After that date, refunds will only be issued in exceptional circumstances, but substitute delegates will be accepted. Please note that cancellation may result in loss of hotel payments.

## ACCOMMODATION

Accommodation at special conference rates has been reserved as follows:

**Manly Pacific Hotel, 55 North Steyne, Manly**  
([www.manlypacificsydney.com.au](http://www.manlypacificsydney.com.au))

Courtyard Manly Rooms

- Single, double or twin room, room only \$205 per night
- Single, double or twin room, with one buffet breakfast \$220 per night
- Double or twin room, with two buffet breakfasts \$235 per night

Ocean View Rooms

- Single, double or twin room, room only \$255 per night
- Single, double or twin room, with one buffet breakfast \$270 per night
- Double or twin room, with two buffet breakfasts \$285 per night

**Manly Paradise Motel and Apartments, 54 North Steyne, Manly**  
([www.manlyparadise.com.au](http://www.manlyparadise.com.au))

- Motel twin-share rooms (some rooms may have a rollaway or sofa bed as the 2nd bed) \$155
- 2-bedroom apartments (queen bed, 2 single beds and a sofa bed) \$310

To obtain these rates, all accommodation must be booked and through the Conference Organiser and will be allocated on a strict priority of receipt basis.

**Please book early as we have blocked a limited number of rooms and competing events in Manly at the time of the conference will restrict accommodation options. We will release our accommodation blocks 30 days before the conference; after this time we will attempt to secure accommodation on an individual basis.**

It is necessary to pay for all accommodation charges to obtain these rates.

**Please Note:** Special conference accommodation rates have been negotiated for the conference prior to the printing of the Registration Brochure. The conference organisers accept no responsibility if the hotels offer "special rates" or "standby rates" at their discretion.

Backpackers' accommodation in Manly is also available. For further information and to make bookings, go to:  
[www.boardrider.com.au](http://www.boardrider.com.au)  
[www.manlybackpackers.com.au](http://www.manlybackpackers.com.au)

## GETTING TO MANLY FROM THE AIRPORT

- A taxi from the airport will cost about \$75 (one-way) and take about 40-60 minutes.
- The Manly Airport Bus costs \$34 (one way) and takes about 60 minutes. It must be pre-booked  
Email: [manlyairportbus@hotmail.com](mailto:manlyairportbus@hotmail.com)  
Phone: +61 (02) 9981 1453).
- It is also possible to catch the Airport Link Train from the airport to Circular Quay (via Central Station) and then catch a ferry to Manly.

## VISAS

International visitors to Australia require a Visa or an Electronic Travel Authority. It is your responsibility to ensure documentation is correct and complete before you commence your journey. Information on obtaining visas or ETA's can be found at: [www.immi.gov.au](http://www.immi.gov.au)

## PARKING

A car park is located beneath the hotel (enter via Francis Lane); car parking will be available to in-house guests and other conference delegates @ \$18 per exit. Please note that space is limited. For information on other car parks, please go to: [www.manlyaustralia.com.au/information/transport/parking.asp](http://www.manlyaustralia.com.au/information/transport/parking.asp)

## INSURANCE

Delegates are encouraged to take out personal travel and medical insurance which includes loss or damage of personal possessions and loss of accommodation payments and registration fees through cancellation.

## MORE INFORMATION

For further details regarding the Conference, please contact:

The Conference Organiser Pty Ltd  
146 Leicester Street

Carlton, VICTORIA 3053, AUSTRALIA

Email: [info@conorg.com.au](mailto:info@conorg.com.au)

Phone: Australia: (03) 9349 2220

International: +613 9349 2220

If you need extra copies of this brochure, you can download it from our website:  
<http://www.conorg.com.org.au>

**DISCLAIMER:** At the time of printing, all information contained in this brochure is correct; however, the organising committee, its sponsors and its agents cannot be held responsible for any changes to the final structure or content of the programs, or any other general or specific information published in this brochure. In the event of industrial disruption or other unforeseen circumstances that disrupt the running of the conference, the organising committee, its sponsors and its agents accept no responsibility.

Marcé International Conference: Sydney, Australia. September 2008

## Registration/Accommodation Form

ABN: 22 099 354 060 (The Conference Organiser Pty Ltd)

**Please Note: All fees are in Australian dollars.**

This form is a tax invoice when completed. Conference fees and social events include 10% GST. Your hotel will provide a tax invoice for any accommodation on departure.

**Secure on-line registration for delegates paying by Mastercard or Visa is available at: <https://www.secureregistrations.com/08>**

### Section A: Personal Details

Prof / Dr / Mrs / Ms / Mr: .....  
(First Name) (Last Name)

Organisation: .....

Address: .....

..... Country: ..... Post (Zip) Code: .....

Phone: (.....) .....

Mobile (Cell): .....

Email: .....

Special requirements (dietary, disability etc.): .....

### Section B: Preferred Sessions

To enable us to assign sessions to appropriate rooms, please circle the sessions you anticipate attending.

<b>Thursday</b>	1A	1B	1C	1D	2A	2B	2C	2D				
<b>Friday</b>	3A	3B	3C	3D	4A	4B	4C	4D	5A	5B	5C	5D
<b>Saturday</b>	6A	6B	6C	6D	7A	7B	7C	7D				

### Section C: Conference Registration

Please circle the relevant fee for your conference registration.

*\* The student/consumer rate is only available to those who submit evidence of their full-time, non-salaried student status or consumer status with their registration form.*

	Payment received by 8 August	Payment received after 8 August
<b>FULL CONFERENCE</b>		
Marcé Member	\$595	\$660
Non-Member	\$650	\$715
Student*/Consumer*	\$470	\$535
<b>TWO-DAY REGISTRATION</b>		
Marcé Member	\$425	\$490
Non-Member	\$470	\$535
Student*/Consumer*	\$325	\$390

Please indicate which days you will attend:  Thursday  Friday  Saturday

#### ONE-DAY REGISTRATION

Marcé Member	\$255	\$320
Non-Member	\$290	\$355
Student*/Consumer*	\$180	\$245

Please indicate which day you will attend:  Thursday  Friday  Saturday

**Conference Registration Total: \$** .....

### Section D: Workshop Registration

*Please Note: Workshop places are strictly limited and will be allocated on a first come - first served basis.*

Please circle the relevant fee for your workshop registration.

	Those also attending the conference		Those NOT attending the conference	
	Payment received by 8 August	Payment received after 8 August	Payment received by 8 August	Payment received after 8 August
Full day workshop (Stuart et al.)	\$250	\$285	\$305	\$340
Half-day workshop (Seng)	\$120	\$155	\$175	\$210

**Workshop Registration Total: \$** .....

### Section E: Gidget Foundation Breakfast (Friday 12 September, 7.15-8.45am)

*Please Note: Places are strictly limited and will be allocated on a first come - first served basis.*

I require a ticket for the breakfast:  Yes  No

## Section F: Social Functions

**RECEPTION** (Friday 12 September, 5.30-6.30pm)

Full Conference Registrants: The Reception is included in your conference registration fee.

Please indicate whether or not you require a ticket. **Failure to indicate will be registered as non-attendance.**

I require a ticket for the Reception:  Yes  No

I enclose payment for ..... additional Reception tickets @ \$45 per person.

**CONFERENCE DINNER** at the Taronga Centre and Bus Transport (Friday 12 September)

Please book ..... places for me for the dinner @ \$125 per person.

Please book ..... places on the bus to and from the Taronga Centre.

**Social Functions Total: \$** .....

## Section G: Accommodation *Pre-payment is required to guarantee your booking.*

Please reserve accommodation as follows:

**Manly Pacific Hotel, 55 North Steyne, Manly** ([www.manlypacificsydney.com.au](http://www.manlypacificsydney.com.au))

Courtyard Manly Rooms

- Single, double or twin room, room only : \$205 per night  
 Single, double or twin room, with one buffet breakfast : \$220 per night  
 Double or twin room, with two buffet breakfasts : \$235 per night

Ocean View Rooms

- Single, double or twin room, room only : \$255 per night  
 Single, double or twin room, with one buffet breakfast : \$270 per night  
 Double or twin room, with two buffet breakfasts : \$285 per night

Single  Double  Twin  Smoking  Non-smoking

**Manly Paradise Motel and Apartments, 54 North Steyne, Manly** ([www.manlyparadise.com.au/](http://www.manlyparadise.com.au/))

*Located across the road from the Manly Pacific.*

- Motel twin-share rooms (some rooms may have a rollaway or sofa bed as the 2nd bed) \$155  
 2-bedroom apartments (queen bed, 2 single beds and a sofa bed) \$310

Date in: ..... Date out: .....

If sharing with other delegate(s), their name(s):  
.....  
.....

**Accommodation Total: \$** .....

## Section H: Payment Summary

Conference Registration: AUD \$ .....

Workshop(s) Registration: AUD \$ .....

Social Functions: AUD \$ .....

Accommodation: AUD \$ .....

**TOTAL: AUD \$** .....

**Please Note:**

Payments from outside Australia must be by credit card (Mastercard or Visa only) or by bank draft or order (in Australian dollars drawn on an Australian bank).

Personal cheques or payments in other currencies cannot be accepted.

I enclose my cheque made payable to "The Conference Organiser P/L" **OR**

Please debit my credit card AUD \$ .....  Mastercard  Visa

Number: \_\_\_\_\_

Name on card: .....

Expiry: ..... / ..... Signature: .....

**SEND FORM WITH PAYMENT TO:** The Conference Organiser  
146 Leicester Street  
Carlton, Victoria 3053 AUSTRALIA  
FAX: Australia: (03) 9349 2230  
International: +613 9349 2230

**Please Note:**  
*Your receipt will be emailed to you when payment is received.*

**PRIVACY STATEMENT:** Your personal information on the registration form will be used by The Conference Organiser Pty Ltd and the conference committee to administer the conference and to notify you of similar future events. Your name and organisation will appear on the list of delegates to be included in the Book of Abstracts. For those with special requirements, your name may be disclosed to conference and social program venues for access and catering requirements. Should you not wish for your details to be used for these purposes, please contact The Conference Organiser as soon as possible.